



Resonance Acupuncture

Angela Cara Linamen, LAc, LMP

Consent And Release Form



By signing this form, I authorize Angela Linamen LAc LMP to perform the following procedures as necessary to facilitate treatment:

Acupuncture: The insertion of sterile, disposable needles through the skin into underlying tissues at specific points on the surface of the body.

Cupping: A technique in which cups made of glass or other materials are placed on the skin with a vacuum created by heat or suction device.

Gua Sha: A rubbing on an area of the body with a blunt, round instrument.

Herbs: May be given in the form of pills, powders, tinctures (may contain alcohol), pastes, plasters, topical creams, or other forms such as raw herbs to be cooked. Cooked herbs may be given to take internally or externally as a wash. Herbal formulas may include plant, shell, mineral, and animal materials.

Moxabustion: The indirect or direct burning of an herbal compound (mugwort) on or near an acupuncture point.

Tuina: Traditional Chinese medical massage and manual therapy with Acupressure.

Soft Tissue manipulation: Use of therapeutic massage, manual therapy, neuro-muscular techniques or muscle energy stretching, as well as craniosacral therapy.

Infrared Heat: Applying heat generated by an infrared mineral lamp over a specific area of the body.

Dietary Advice/ Therapeutic Nutrition: Therapy based on Traditional Chinese Medical Theory, use of foods, diet plans or nutritional supplements.

Electro-acupuncture: Using very small amounts of electricity to stimulate specific acupuncture points.

I recognize the potential risks and benefits of these procedures as described below:

Potential risks: Discomfort, pain, infection, or blistering at the site of the procedure; temporary discoloration of the skin; broken needle; allergic reactions to prescribed herbs or supplements; and aggravation of symptoms existing prior to the acupuncture treatment.

Potential benefits: Drugless relief of presenting symptoms and improved balance of bodily energies, which may lead to prevention or elimination of the presenting problem, prevention of disease progression, strengthening of the constitution, and restoration of health to the body's maximal functional capacity.

Patients with bleeding disorders, electronic devices, or pacemakers as well as pregnant patients should inform the practitioner prior to receiving treatment.

With this knowledge, I voluntarily consent to the above procedures, realizing that no guarantees have been given to me by Angela Linamen regarding cure or improvement of my condition. I understand that I am free to withdraw my consent and to discontinue participation in these procedures at any time. To have Angela Linamen perform these procedures, I release her from any and all liability that may occur, except failure to perform the procedures with appropriate medical care. I understand that any questions I have will be answered by my practitioner to the best of her ability.

I understand that a record will be kept of the health services provided to me. This record will be kept confidential and will not be released to others unless so directed by myself or my representative or if it is required by law. I understand that I may look at my medical record at any time and may request a copy of it. I understand that my medical record will be kept for a minimum of three, but no more than ten years after the date of my last treatment. I agree to the release of information for medical purposes. Ms. Linamen may publish the information gathered during treatment as long as it is done so anonymously. I have read the privacy policy provided. I authorize Angela Linamen LAc LMP to obtain information from my primary health care providers concerning my health. Information shared by the therapist during my sessions, written or otherwise, is educational in nature so that it may assist in creating a healthy, supportive lifestyle. I may use this information at my discretion. I have read a copy of the Privacy and Financial Policy.

Signature of Patient _____ Date _____

Angela Linamen received her Master's Degree in Acupuncture and Oriental Medicine from Bastyr University in 2005. She has passed the National Board Examination for Acupuncture administered by the National Committee for the Certification of Acupuncturist (NCCAOM). She is a Licensed Acupuncturist in the State of Washington, holding Acupuncture License number AC00002712 and a Licensed Massage Practitioner MA0020908.